

Castlewood Canyon All Access Trail

- Suggested Discovery Activity (allow 2 hrs.):
 - Stop into the Visitor Center and prep for your visit
 - Enjoy the views, enjoy nature!
 - End at Juniper Rock and enjoy lunch at the picnic tables!
- Along the route you'll see Junipers with trunks twisted by the wind and rocks carved by ancient streams. Look for some of the Canyon's resident birds and animals, too!
- At the scenic overlooks you can look down into the canyon and across to the walls carved over time by Cherry Creek. Interpretive signs at the overlooks highlight park features.

Map key: Green= flat, blue= moderate grade, red = steep grade, red=



Tips for Enjoying Castlewood Canyon All Access Trail



The Facts:

- Entry/exit points are Juniper Rock or Bridge Canyon Overlook parking lots (look for "Canyon View Nature Trail")
- All concrete trail, wheelchair accessible wide enough for two-way 'traffic'.
- Trail is .7 to 1 mile "double loop" allow 1 to 2 hours.
- Restrooms and four wheelchair accessible picnic tables at Juniper Rock.
- Cell phone coverage varies within the trail loop.
- > We adhere to *Leave No Trace* principles. Please take your refuse out with you.
- > Leashed dogs are welcome. The Park provides bags for disposal of your dog's poop.

Cautions:

- > Bring plenty of water. You can purchase refillable bottles and fill them at the water fountain in the Visitor Center.
- > This is a rustic state park. There are abrupt drop-offs at the edge of the pavement in some places.
- > Be aware that inclines vary. We recommend some basic 'scouting' prior to descending pitches.
- > The returns to the parking lots are primarily uphill.
- Bring appropriate clothing Colorado weather can change rapidly.
- > If you use an electric wheelchair, make sure it's fully charged before starting out.

Give us your feedback on what would be helpful in this guide- share at the Visitor Center or Friends website: https://www.castlewoodfriends.org/